



	<i>Breakfast</i>		<i>Lunch</i>	<i>I snack</i>	<i>II snack</i>
<i>Monday</i>	<i>Bread¹ (wheat, whole-wheat sunflower seed rolls), Butter⁷ Sausages (roasted turkey), vegetables (lettuce, kale, tomatoes, green cucumbers), fruits (oranges, apple), Milk and milk products (natural yogurt, vanilla cheese) ⁷, drinks, Whole grain breakfast cereals ^{1.7}, dried fruit. Jam (low sugar) and honey</i>	<i>‘Vegetables fruits’</i>	<i>Vegetable Spaghetti bolognese, white cabbage salad Spaghetti pesto and sunflower seeds</i>	<i>Natural yogurt, preserves, vegetables, fruits</i>	<i>Mixed bread with butter, chicken sausage, mozzarella cheese, (tomatoes, green cucumber, pepper), apple</i>
<i>Tuesday</i>	<i>Bread (rye, wheat, wholemeal), Butter Sausages (pork loin), Cheese, vegetables (green cucumbers, tomatoes, radish, colorful pepper), fruit, Milk and milk products (vanilla cheese), drinks, Whole grain breakfast cereals, dried fruit. Jam (low sugar) and honey</i>		<i>Cream of white vegetables Chicken curry, Couscous mix, cooked vegetables Beet cutlets</i>	<i>Hot frankfurters, whole wheat bread, fresh vegetables (peppers, green cucumber)</i>	<i>Baked pear with jam, Corn Wafers</i>
<i>Wendesday</i>	<i>Bread (wholemeal, toasted whole grain), Butter Sausages (poultry cooked) hot sausages, Mozzarella cheese, vegetables (cherry tomatoes, pickled cucumbers, radish green lettuce), fruits (orange, apple, banana, grape), Coffee with milk, dairy products (fruit yogurt), drinks (tea, milk) Whole grain breakfast cereals, dried fruit (apricots, raisins, cranberries). Jam (low sugar) and honey</i>		<i>Bean and potatoes, Chicken cutlet in batter, red cabbage salad and vegetables Soy chops</i>	<i>Mixed bread with butter, roasted turkey, vegetables (cucumber, tomatoes) Apple</i>	<i>Fruit salad with granola Grapefruit</i>



Thursday	Bread (rye, wheat, wholemeal), Butter Sausages (pork loin), Cheese, vegetables (green cucumbers, tomatoes, radish, colorful pepper), fruit, Milk and milk products (vanilla cheese), drinks, Whole grain breakfast cereals, dried fruit. Jam (low sugar) and honey		Dill with potatoes Roast pork, barley, mix of fresh vegetables Roasted vegetables with red pepper sauce	Spring salad (iceberg lettuce, tomatoes, mozzarella)	Whole grain toast with goat cheese, banana
Friday	Bread, Butter Sausages, Cheese, vegetables, fruits, Milk and milk products, drinks, Breakfast cereals, dried fruit. Jam (low sugar) and honey		Beetroot Fish cutlet with parsley, potatoes, sauerkraut salad, fresh vegetables Breaded camembert with cumberland sauce	Vanilla cheese, apple Corn Wafers	Mixed bread (pumpernickel) with butter, hummus, tuna paste (tomatoes, green cucumber, pepper), apple

NUMERICAL DETERMINATION OF ALLERGENS IN MEALS: 1. SELER; 10. GORCZYCA; 11. SESAME; 12. SULFUR DIOXIDE AN.

staceans; 3. EGGS; 4. FISH; 5. Peanuts; 6. SOYA; 7. MILK; 8. NUTS; 9. LUPINE; 14. FLUSHERS.